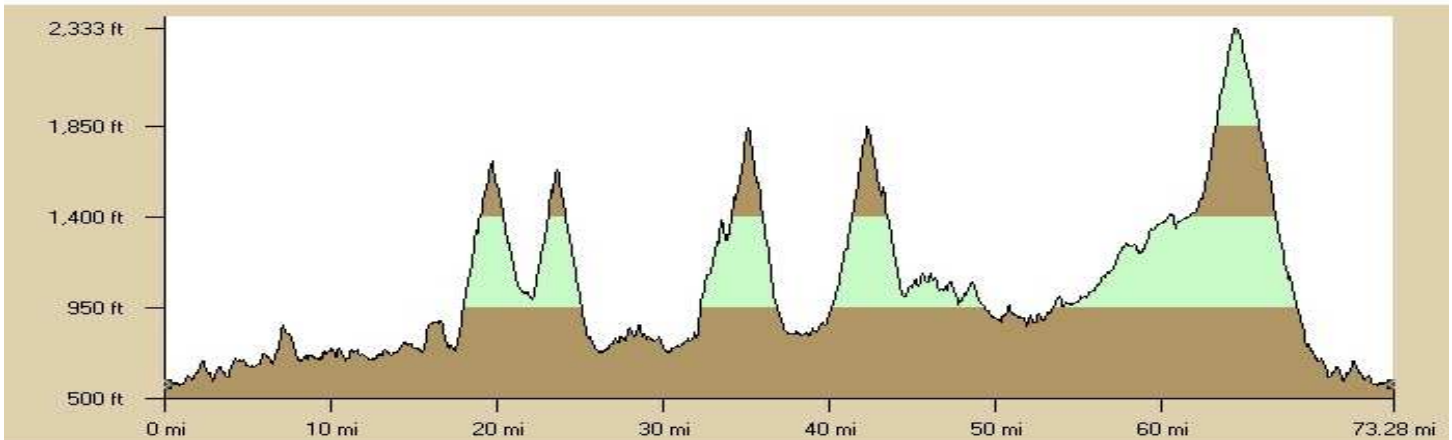


**THE GRANDMOTHER OF ALL RIDES
5 MOUNTAIN VERSION *B+* (H)**

Starts at James Buchanan HS - 73 Miles

At	Go	Road Name	For
0.00	S	School Dr	0.08
0.08	L	SR 75 (Fort Loudon Rd)	16.48
16.56		SR 4004 (Fannettsburg Rd E Fannettsburg Rd)	2.16
18.72	S	SR 4004 becomes Upper Strasburg Rd	7.01
25.73	L	TRO SR 4004 (Mountain Rd)	4.04
29.77	L	SR 997 (Cumberland Hwy) @T	0.40
30.17	L	SR 641 (Forge Hill Rd)	3.03
		FOOD STOP @ STORE	
33.20	BL	TRO SR 641 @Cold Spring Rd	3.88
37.08	L	SR 641 (Timmons Rd Spring Run Rd) @ T	0.24
37.32	R	TRO 641 @ SR 4006	1.40
38.72	S	TRO SR 641 @ SR 75 FOOD & RESTROOMS	5.26
43.98		SR 2009 Decorum red barn @ corner	5.88
	L		
49.86	L	Odonnel Rd (SR 2009)	1.71
51.57	L	SR 1010 (Grist Mill Rd) SS	0.64
52.21	BR	SR 1005 (Aughwick Rd)	6.10
58.31	BL	SR 1005 Cowan's Gap State Park FOOD, RESTROOMS	0.10
58.41	BR	SR 1005 (Aughwick Rd) @ Richmond Rd	6.24
64.65	L	US 30 (Lincoln Way W)	4.22
68.87	R	SR 75 (Fort Loudon Rd)	4.43
73.30	R	School Dr	0.08
73.38	Finish	James Buchanan HS	

38.72 Fried leg detour – turn left on SR 75 South 23 miles to high school



**5 Mountain Grandmother of All Rides
Climbing Distance = 8128 Ft**

Cue Sheet By Cumberland Valley Cycling Club www.bikecvcc.com

S=Straight, X=Cross, BR=Bear Right, BL=Bear Left, TRO=To Remain On, SS=Stop Sign

Users are advised that road names and other conditions may have changed. Use with caution.